

April 2024 Class Schedule



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	2 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Bar & Band: Colleen	3 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen 6:30pm Groove: Heather	4 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Zumba/Toning: Rachel	5 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	6 9:00am 1h Detox Yoga: Kristin
7	8 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	9 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: Rachel	10 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen 6:30pm Groove: Heather	11 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Zumba/Toning: Rachel	12 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	13 9:00am 1h Detox Yoga: TBA
14	15 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	16 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: Rachel	17 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen 6:30 pm Groove: Heather	18 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Zumba/Toning: Rachel	19 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	20 9:00am 1h Detox Yoga: Joy
21	22 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: TBA 5:30pm Bootcamp: TBA	23 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: TBA	24 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen 6:30 pm Groove: Heather	25 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Zumba/Toning: Rachel	26 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	27 9:00am 1h Detox Yoga: Joy
28	29 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	30 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: Colleen				