

# May 2024 Class Schedule



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen	2 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Band/Bar: Colleen	3 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	4 9:00am 1h Detox Yoga: Kristin
5	6 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	7 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: Ashley	8 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen	9 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Band/Bar: Colleen	10 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	11 9:00am 1h Detox Yoga: Kristin
12	13 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	14 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: Ashley	15 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen	16 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Zumba/Toning: Rachel	17 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	18 9:00am 1h Detox Yoga: TBA
19	20 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	21 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: Ashley	22 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen	23 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Zumba/Toning: Rachel	24 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	25 9:00am 1h Detox Yoga: Joy
26	27 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm Bootcamp: Colleen	28 7:00am Fusion 45: Brittnee 9:15am 1hr Totally Toned: Sally 6:00pm 1hr Zumba: Ashley	29 9:15am 1hr Move: Denae 12:00pm 35 min Bootcamp: Colleen 5:30pm 45 min Bootcamp: Colleen	30 7:00am Fusion 45: Brittnee 9:15am 1hr Zumba: Laura 5:30pm 1hr: Zumba/Toning: Rachel	31 9:15am 1hr Strong: Sally 12:00pm 35 min Bootcamp: Colleen	June 1 9:00am 1h Detox Yoga: TBA